Town Of Weston

Weston Parks & Recreation Department, 47 Norfield Road, Weston, CT

Recreation News Column

Feb. 2, 2018

For Further Information Please Visit Our Website www.westonct.gov/parksandrec

Prior to registration online make sure you have <u>updated</u> your household account for 2018 school year. Review your family's household account with your child's current age, grade, address, phone number, etc. You will not be able to complete the online registration for any program if you do not do this.

See the website www.westonct.gov/parksandrec for more information.

WINTER PROGRAM REGISTRATION – SESSION 2

Winter program registration is available online and in the Recreation office for session 2, if space is available. You will also find on our website video tutorials to help with your registration. Program questions should be directed to Program Director, Joe at 203-222-2675.

LET'S GET MOVIN'!

Your preschooler, ages 3 – 5 will have fun movin' and groovin' in this class while releasing energy, playing with friends and singing songs in a group setting! Instructors: Sandy Buccaro and Ginny Campbell. Day/dates: Thursday, Jan. 18th – March 22nd. Fee: \$150.00 for 8 classes. Please view flyer on website. Registration has begun.

***PUBLIC POOL PERMITS ***

The Weston Middle School pool is open for public swim. Days/times: Monday, Wednesday and Friday from 6:15 a.m. – 7:15 a.m., Tuesday and Thursday from 8:00 p.m. – 9:00 p.m. and Saturday and Sunday from 2:00 p.m. – 5:00 pm. A permit is required and available in the Recreation office or online. Fees: Weston family, \$150.00, Weston adults or non-adults, \$100.00. Daily drop in fee is \$5.00 per person. Weston seniors (ages 62 and up) is free!!

POOL - HOLIDAY CLOSINGS

The Weston Middle School pool holiday schedule is as follows:

Thursday – Friday, February 15 $^{\rm th}$ & 16 $^{\rm th}$ - CLOSED

Monday, Feb. 20th - CLOSED

WINTER SWIM LESSONS – SATURDAY & SUNDAY

Winter registration for swim lessons has begun online and in the Recreation office. Saturday classes are held through March 17^{th} . Levels 1-3, Parent Toddler, Special Needs and Levels 4 & 5 will be offered. Please view our flyer on the website. Sunday swim classes are held through March 18^{th} . Levels 1-3 and 4 & 5 will be offered. Limited space.

TRIFITNESS TRIATHLON SPRING KIDS CAMP

Join instructor Pascal Butcher in this Trifitness Triathlon and Duathlon spring break camp! This program is designed to introduce children ages 7 - 14 years old to the sport of triathlon and duathlon. Swimming, cycling and running techniques along with instruction on bicycle safety. Lots of games will be offered too! Dates: April $9^{th} - 13^{th}$. You may register on www.trifitness.net.

TRIFITNESS - ADULTS

Reach your best swimming levels for fitness or competitions and swim with us in Weston! Thursday: 8:00 p.m. – 9:00 p.m. Saturday: 12:30 p.m. – 1:30 p.m. Fees: drop in \$20.00 or 10 sessions for \$150.00. Register at www.trifitness.net or mail to Pascale@trifitness.net. Instructor: Pascale Butcher.

***LITTLE KICKERS – AGES 3 - 5 - WINTER ***

Instructor Kerin Whitmore will once again teach this karate class for children ages 3 -5 years. Children will learn the basics of karate, control and discipline through lots of fun games! Day/dates: Wednesday, Jan. 17^h – March 7th. Time: 3:30 p.m. – 4:00 p.m. This class is full. If interested, call the Recreation office to leave your name and phone number.

HURLBUTT SPORTS & FITNESS – GRS. K – 2 - WINTER

This program reflects some of the schools' PE programs in addition to other activities. Instructor Cathy Klein will offer the Kindergarten program held on Mondays. Dates: Feb. 5th – April 2nd. Instructor Wyatt Hallgren will offer grades 1 & 2 programs. Gr. 1 & 2 is held on Wednesdays and Thursdays. Registration has begun.

TENNIS – GRS. K – 2

Join instructor Doug Barshop for this popular indoor tennis program. Day/dates: Tuesday, Feb. 20^{th} – April 3^{rd} . Fee: \$150.00 for 7 classes. This class is full. If interested, call the Recreation office to leave your name and phone number.

WIS SPORTS & FITNESS – GRS. 3 -5 - WINTER

Instructors, Tom Ehret and Dan Ungar will offer this popular winter after school program for children in grs. 3-5. This program allows children to burn off energy while playing PE games and is for all athletic levels. Dates: Monday Feb. 5^{th} – April 2^{nd} , Tuesday, Jan. 30^{th} – March 20^{th} or Thursday, Feb. 8^{th} – April 26^{th} . Wednesday class is full.

HIT IT CARDIO BOXING - WINTER - SESSION 2

Get some serious sweat on with this boxing and kickboxing class! Class combines upper and lower body exercises that will leave you feeling fit and strong. Instructor: Cyrece Lehrman. Day/dates: Wednesday, Feb. 7th – March 28th. Registration has begun.

SATURDAY YOUTH BASKETBALL BOYS AND GIRLS – GRS. K – 2

This Saturday basketball program for boys and girls will focus on developing basic basketball and athletic skills as well as a general understanding of the game. Dates: Dec. 2nd – March 3rd. Fee: \$180.00. Games will be played at the Weston Intermediate School. Registration has begun online and in the Recreation office, if space is available.

SATURDAY YOUTH BASKETBALL BOYS AND GIRLS – GRS. 3 & 4

This Saturday basketball program for boys and girls in grades 3 & 4 will focus on developing basic basketball and athletic skills as well as a general understanding of the game. Dates: Dec. 2^{nd} – March 3^{rd} . Fee: \$180.00. Games will be played at the Weston Intermediate School. Registration has begun online and in the Recreation office if space is available. Limited space!

WINTER BOYS BASKETBALL LEAGUES - GRS. 5 - 8

This program will consist of weekly 75 minute practices with a Professional WBA travel coach. Games will begin on Saturday, Dec. 2nd – March 3rd. There will be boys' grades 5 & 6 league and boys' grades 7 & 8 league. Fee: \$250.00 for 10 weeks. Registration has begun online and in the Recreation office. Games will be held at Weston High School New gym. Limited space!

AFTER SCHOOL H.S. BOYS BASKETBALL – GRS. 9 – 12

Have fun, get exercise and be with friends after school in this low key basketball program! Days/dates: Grades 9 & 10 - Monday, Dec. 4^{th} - March 5th

Grades 11 & 12 - Wednesday, Dec. 6th – February 14th

Grades 9 – 12 - Friday, Dec. 8th – February 23rd

Fee: \$120.00 for 10 weeks. Each day is a separate fee. Registration has begun online and in the office. Games will be played at the Weston Middle School Old gym. Limited space!